

# Kickin' Cavalier 5K

## And 1 Mile Fun Run/ Walk

Saturday, February 21, 2009

Darton College, Albany, GA



Time: 1 Mile 4:00p      5K Run 4:30p

Location: Darton College Tennis Complex

Registration: Registration begins at 3:00p

Register prior to Feb. 21st at the Cavalier Arena or by mail.

5K Run      \$15.00

1 Mile Fun Run/ Walk      \$10.00

### Awards:

**5K** - Overall top 2 male and female winners, top 3 males and females in the following age groups:  
10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64,  
65-69, 70-74, 75 & over.

**1 MILE FUN RUN/WALK** - Top 2 males and females in the following age groups:  
6 & under, 7-8, 9-13, 14-19, 20-29, 30-39, 40-49, 50-59, 60 & over.

Contact David Mann, Darton Cross Country Coach at (229) 317-6914.

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Please complete entry form below. Attach payment made payable to Darton College Cross Country.  
Mail to: DC Cross Country, 2400 Gillionville Road, Albany, GA 31707.

Name \_\_\_\_\_ Age \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Address \_\_\_\_\_ Birth Date \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ Email Address \_\_\_\_\_ Race: \_\_\_ 5K \_\_\_ 1 Mile Fun Run

T-shirt Size (Please check): Youth: \_\_\_ S \_\_\_ M \_\_\_ L Adult: \_\_\_ XS \_\_\_ S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ 2XL  
(Add \$9 for each T-Shirt ordered)

**Waiver:** *The undersigned hereby acknowledge that the activities and/or programs in which they, or their minor children, may be involved at Darton College have inherent risks of accident and/or injury, which risks the undersigned expressly assumes. Darton College and its staff shall take reasonable measures to insure a safe and healthy environment. By execution of this document, the undersigned hereby affirms that they, and their minor children, are in good health, or have consulted with their physician, who has advised that they, or their minor children, are in suitable health to participate in athletic programs and/or activities. The undersigned acknowledges that Darton College and its staff are relying on this waiver and release, and as a result of such reliance, are enrolling the undersigned and/or their minor children, in the college programs and/or activities. I also give permission for my child to be included in photographs and/or video, which may be used for promotional or informational purposes.*

Runner's Signature \_\_\_\_\_ Date \_\_\_\_\_

(Parent or Guardian if participant is under age 18)