



Futral Road Elementary Charter School

Proceeds Benefit Programs at Futral Road Elementary School

12th Annual Heart Hustle Sat., February 11th, 2012

Entry Fees:

For all events (5K Run, 5K Walk, 1 mile, tot trot)

***NEW* Digitally Timed Race**

Adults (Over 18): \$17 before Jan. 27, 2012

\$22 after Jan. 29th and on race day

Children: \$12 before Jan. 27, 2012

(Under 18) \$17 after Jan. 29th and on race day

Family Discounts: Pre-registered only (before Jan. 27)

Subtract \$5 from every three entries from the same household.

(ex. 2 adults and 1 child = \$41 instead of \$46)

Location, Race Date & Times:

Futral Road Elementary School, Griffin, GA Saturday, February 11th, 2012 - Warm-up will be at 8:15, Fun Run (1 mile) and Tot Trot starts at 8:30 am, 5K starts at 9:00 am. Awards ceremony will be held when all participants finish and results are ready.

Directions:

From I-75 take exit 205, head west on Hwy 16 for about 10 miles and turn left (south) onto Wilson Road. Turn Right at the second four way stop. FRES is on the left. Park in front parking lot or in the grass. Follow the parking signs. For additional directions contact the race director.

Race Day Registration and Packet Pick up:

7:15 am until race time - Futral Road Elementary cafeteria.

You may also pick your packet up or register late Friday, February 10th, 2012 from 4 pm – 6 pm in the school cafeteria.

Course Descriptions:

Starts and finishes at Futral Road Elementary School. The 5k route is rolling. The Fun Run (1 mile) course is a flat, out and back, course down Wilson Road. The tot trot will be one lap around the bus parking lot. *Race will be digitally timed.*

Need extra applications? Visit us at www.gscs.org/futralroad

Awards:

Fun Run/Walk (1 mile): Overall Male and Female finisher under 15 will receive an award. All finishers will earn a participant ribbon.

Tot Trot: All finishers will earn a ribbon and certificate.

5K Run: 3 deep for: Overall M/F, Overall M/F Master, and age groups (9 and under; 10-14; 15-19; 20– 29; 30-39; 40-59; 60+).

5K Walk: Three walker's place of finish cards will receive and award. All finishers will earn a ribbon and certificate.

Sponsors: Joel Fuller, Raymond T. Ray, Jr.

Race Director:

Contact Paula Rakestraw at (770)229-3735 or paula.rakestraw@gscs.org for any additional information.

Return Entry form to and make checks payable to:

Futral Road Elementary School, 180 Futral Road, Griffin, GA 30224

Futral Road Elementary Charter School "Heart Hustle" 2012 Entry Form

Name Last _____ First _____ Gender: M or F Age (on race day) _____

Address _____ City _____ State _____ Zip _____

Phone (Day) _____ (Evening) _____ E-mail _____

Event: (circle one): 5K Run / 5K Walk / Fun Run/Walk (1 mile) / Tot Trot / T-shirt only

Child (18 and under): \$12 before Jan. 27 or \$17 after

Adult (over 18): \$17 before Jan. 27 or \$22 after

T-shirt Size: (Circle One) Child: S M L Adult: S M L XL XXL XXXL

Emergency Contact: _____ Phone _____

Medical Waiver: Upon my voluntary entry in this fun run, I release the Griffin-Spalding County School System, its employees & other representatives, race sponsors and race volunteers and their successors, from any and all claims of injury, illness and/or damages incurred by me as a result of my participation in this event (directly or indirectly). I am aware that strenuous physical activities are associated with some hazards and risks. I do hereby certify to race officials that I am physically able to participate in such activities. I give my permission for the use of my name and/or pictures in any form of media for the purposes of publicizing the results of this event.

Applicant's Signature: _____ Date: _____

Signature of Parent/Guardian: _____ Date: _____

(If under 18 years of age)