



Al Toll Memorial

Masters 15-K and Open 5-K

Feb. 18, 2012 - 9:00 a.m. – Macon

Register online at
www.macontracks.org



RUN & SEE GEORGIA



Please join us for the 28th Annual Al Toll Memorial Road Race. Proceeds from the races will be sent to the Epilepsy Foundation in honor & memory of Al Toll, Macon Tracks Running Club member. The 5K is an out-and-back and the 15K is a rolling loop with pleasant scenery. Runners and walkers of all ages can participate in the 5K race. The 15K is a masters race, and only runners 40 years of age or older on race day are eligible to participate.

WHERE: Races will begin at the IKON office building on **1738 Bass Rd.** From I-75, take the Bass Road exit and turn left (coming from Atlanta) or right (coming from downtown Macon). Go straight through the 4-way stop and the new IKON building is ahead on the left. If you get to Riverside Dr. you've gone too far. Race day registration and packet pick-up will be inside.

AWARDS: Custom long-sleeved cotton shirts to all finishers who pre-register by February 11th. Shirts available for race day registrants while supplies last. Awards will be given to the first three overall male and female finishers in each race. First masters male and female will be awarded in the 5K. Awards will also be given to the top three finishers, male and female, in each five year age division-- for the 15K starting at 40-44, proceeding up to 70-74 and 75 & up, and for the 5K, starting at 10 & under, 11-14, 15-19, proceeding up to 70-74 and 75 & up.

REGISTRATION: Early Registration is \$17. Macon Tracks members receive \$1 off when pre-registering. Online registration is available with no service fee at www.macontracks.org. Mailed registrations must be postmarked by February 11th. Race day registration will be \$20.00. Send your checks, made payable to MTRC, or Macon Tracks Running Club, to: P.O. Box 26455, Macon, GA 31221. For more information, go to www.macontracks.org.

Thanks to our
sponsors:



2012 Al Toll Memorial Macon Masters 15-K & Open 5-K Road Race Registration Form

Name:		Sex:	Age on race day:
Address:		Race (circle one): 5K or Masters 15K	
City:	State:	Zip:	
E-mail address:		Phone:	
Shirt size (circle one): Youth-Med Small Medium Large XL 2XL (add \$2)			

Entry fee - \$17 (\$16 for Macon Tracks members when pre-registering), \$20 on race day

In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials or sponsors of the 2012 Al Toll Memorial Masters 15-K and Open 5-K Races for injury or illness which may directly or indirectly result from my participation in this event. I further state that I am in proper physical condition to participate in this event.

Runner's Signature _____ Date _____

(Guardian if runner is younger than 18)