



3rd Annual 5K

Saturday, May 19, 2012

WHAT: The 3rd Annual Edge Fitness 5k is a run/ walk that is open to all ages and abilities. The race is a cooperative effort of Edge Fitness in partnership with the International Justice Mission.

WHEN: The 5k will begin at 8:00 AM. Race day Registration will begin at 7:00 AM.

WHERE: The run/walk course will start at **Edge Fitness parking lot in Bonaire** and end at Edge Fitness parking lot in Bonaire. This is an out and back course with a few small hills.

AWARDS: All pre-registered participants will receive a **short sleeve dry fit shirt**. Shirts are available race day as supply lasts. Trophies will be awarded to top three finishers in each age group (Male and Female) and to the top three finishers overall (Male and Female). Age groups are; 10 and under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and Over, Male and Female. **There will be a cash prize of \$150.00 to the overall male winner and \$150.00 to the overall female winner! Run Hard and Good Luck!**

COSTS: \$20.00 on or before May 16th, \$25.00 May 17th until race day. Macon Tracks members get \$1 discount when pre-registering.

All race fees other than cost of race will benefit International Justice Mission. International Justice Mission is a human rights agency that secures justice for victims of slavery, sexual exploitation and other forms violent oppression.

INFORMATION: Call Edge Fitness at 478-988-3343 (EDGE)
Complete the entry form below (make checks payable to Edge Fitness)
Turn form in at either Edge Fitness location, or mail to:

Edge Fitness
140 Osigian Blvd.
Warner Robins, GA 31088

Circle Race Option: \$20 Early Registration (on or before 5/16/12: \$25 5/17/12 until Race day Registration
\$60 Family Rate

LAST NAME: _____ **FIRST NAME:** _____
(If choosing family option, please list all names with age, gender, DOB, and shirt size on the back of this form)

ADDRESS: _____ **CITY:** _____ **ST:** _____ **ZIP:** _____

PHONE: _____ **DOB:** _____

AGE: _____ **SEX:** _____

T-SHIRT (CIRCLE ONE): Youth S Youth M Adult S Adult M Adult L Adult XL Adult XXL NO SHIRT

AMOUNT ENCLOSED: _____

In consideration for your accepting this entry, the undersigned, intend to be legally bound, hereby, for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages that I may have against Edge Fitness, International Justice Mission, sponsors, officials, workers, representatives, and the city of Warner Robins for any and all injuries suffered by me in this event.

Signature: _____ **Date:** _____
(Under 18, Parent/Guardian)