



*Trojan 5K Spirit Run and One Mile Fun Run*

**November 7, 2015**

**WHERE DOES THE RACE START?**

All events start & finish at Twiggs Academy  
961 Hamlin-Floyd Road  
Jeffersonville, Georgia

**WHAT TIME DOES THE RACE START?**

1 Mile Fun Run starts at 8:00 AM - **\$15**  
5k race starts at 8:30 AM - **\$20**

**HOW CAN I REGISTER?**

You can register on-line, by mail or on race day.  
**(T-shirt guaranteed if registered by October 21st)**  
Race day registration from 7:00 – 7:45 AM.

**To register on-line:**  
[www.twiggsacademy.net](http://www.twiggsacademy.net)

**To register by mail:**  
**Make checks payable to Twiggs Academy**  
  
Please complete this form and mail to:  
Twiggs Academy  
961 Hamlin Floyd Road  
Jeffersonville, Georgia 31044

**PACKET PICK-UP**  
Race Day from 7:00 – 7:45 AM

**AWARDS**

Awards will be given to 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> place male and female runners per category in 5k event.  
Male and Female overall in 1 mile.

**AGE GROUPING FOR 5K**

10 & under | 11-14 | 15-19 | 20-24 | 25-29 | 30-34 |  
35-39 | 40-44 | 45-49 | 50-54 | 55-59 | 60+

**WHERE DOES THE MONEY GO?**

Twiggs Academy

**FOR MORE INFORMATION**

Alicia Lynn – 478-290-7990  
alynn@twiggsacademy.net

**ENTRY FORM**

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Email: \_\_\_\_\_

Telephone: \_\_\_\_\_

**Gender:**      Male                  Female

**Age on 2015:** \_\_\_\_\_

**T-Shirt:** YS YM YL    Adult: S M L XL 2XL

**EVENT:**      1 mile (\$15)      5K (\$20)

Waiver: In consideration of the acceptance of this entry, I hereby for myself, my heirs, executors, administrators, and assigns release and discharge all sponsors, organizers, directors or persons connected with the Green & Gold 5K Dash and Fun Run from any and all claims for damages suffered by me as a result of my participation in or traveling to or from this event. I further state that I am in proper physical condition to compete in the event which I have entered and further agree that the above mentioned sponsors, organizers, promoters, directors or persons connected with this event are under no obligation to provide physical examination or other evidence of my fitness to participate in such event.

Signature: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Date:      /      /