



NO EXCUSE FOR CHILD ABUSE

5K/1 Mile Fun Run

Be a super hero for kids!!



Where: Central Georgia Technical College 80 Cohen Walker Drive, WR, 31088
Race will begin at Building G – Student Pavilion

When: Saturday, April 9, 2016 5K Walk/Run begins at 8:00am
1 mile Fun Run begins at 9:00am
Walkers, strollers, and pets welcome! Packet pick up and race day registration 7:00am

Awards: Trophies for 5K Overall Male/Female and Masters Male/Female
Medals for 5K Top 3 M/F in age groups 10 and under through 70 and over
Ribbons for all Fun Run participants
Finish line management provided by Coach David Erpelding, WRHS
Results posted online at www.georgiarunner.com, www.macontracks.org, www.robinspacers.org and www.active.com.
Pictures will be posted on our Facebook page – Rainbow House Children's Resource Center

Come dressed as your favorite superhero. Awards for best costumes in several categories.

T-Shirts: Dri-Fit shirts guaranteed for pre-registered 5K and Fun Run participants
Limited supply available for late and same day participants



Refreshments: Will be provided after the race.

Registration if postmarked by March 25, 2016: 5K: \$25 per person and 1 mile Fun Run: \$15.
Group rates: \$22 a person - minimum of 6 people registering together and postmarked by **March 25, 2016**.
Late registration from March 26-April 6: 5K: \$30 per person and 1 mile Fun Run: \$17
Day of Race: 5K: \$35 and 1 mile Fun Run: \$20

Proceeds: Proceeds from the event will benefit **Rainbow House Children's Resource Center**.

Register one of two easy ways:

- 1) By mail – Completed registration form and check made payable to Rainbow House Children's Resource Center · Post Office Box 1239 · Warner Robins, Georgia 31099 · 478-923-5923 · www.rainbowhousecrc.org
- 2) Online at: www.active.com

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Last Name _____ First Name _____ (please print)

Address _____ City _____ State _____ Zip _____ Gender _____

Email _____ Phone _____ Age _____ DOB _____

T-shirt Size (circle one) YS YM S M L XL XXL XXXL no shirt **add \$3 for 2x and 3x sizes**

_____ \$25 - 5K _____ \$15 -1 mile Fun Run _____ \$22 Group - Name of Team _____

Late registration: Post marked after March 25, 2016. _____ \$30 - 5K _____ \$17 -1 mile Fun Run

WAIVER: In consideration of acceptance of this application, I hereby waive any and all claims against Rainbow House Children's Resource Center, Central Georgia Technical College, hosts, sponsors, officials, volunteers, and any other parties involved with the No Excuse for Child Abuse 5K & 1 Mile Fun Run for injury and/or damage I may incur while participating in said event. I also give permission to use my name and/or photo in any media publication regarding this event.

Participant signature (if under 18 – parent's signature is required) _____ Date _____