

# 7<sup>th</sup> Annual Run for Veterans 5K Road Race



**Saturday, November 5, 2016**

**Benefiting: Dwight D. Eisenhower Army Medical Center Fisher House**

**WHEN:** Registration and packet pickup will begin at **7:00AM** at Veterans High School. The 5K Race will begin at **8:00AM**. Awards presentations will begin at **9:30AM**. Long sleeved running shirts will be guaranteed to all pre-registered runners and as supply lasts for race day entries.

**WHERE:** Veterans High School located at 340 Piney Grove Road, Kathleen, Georgia 31047.

**AGE GROUPS:** 10 and under, 11-14, 15-19, 20-24, 25-29, 30-34, 35- 39, 40-44, 45-49, 50-54, 55-59, 60-69, and over 70 for both men and women

**AWARDS:**

1. The top 3 male and female finishers in the age groups above
2. Top three overall Men and Women and the top masters' Male and Female runner

**ENTRY FEE: (Make checks payable to VHS AFJROTC).**

1. **\$20.00**      **Includes a race shirt (Must register before the 21<sup>st</sup> of October)**
2. **\$15.00**      **No Shirt Option (Available to runners who register before the 21<sup>st</sup> of October)**
3. **\$15.00**      **All runners who register after the 21<sup>st</sup> of October (No race shirt)**

**INFORMATION:** For additional information, contact Lt Col Atkins at [steven.atkins@hcbe.net](mailto:steven.atkins@hcbe.net) or (478)218-7567  
Please make checks payable to and mail your registration form to: **Veterans High School AFJROTC, 340 Piney Grove Road, Kathleen, GA 31047**

---

## ENTRY FORM - ONE RUNNER PER FORM

**NAME:** \_\_\_\_\_ **D.O.B.:** \_\_\_\_\_ **M** \_\_\_ **F** \_\_\_

**ADDRESS:** \_\_\_\_\_ **CITY:** \_\_\_\_\_ **ST:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**PHONE NUMBER:** \_\_\_\_\_

**SHIRT SIZE:** S M L XL XXL

**EXTRA DONATION: I would like to donate: \$** \_\_\_\_\_

**WAIVER:** In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials, sponsors, hosts, or any other person or persons in conjunction with the Annual 5K Run for Veterans. I understand that running a race can be hazardous. I am in proper physical condition to participate in this event. I also give my permission for use of my name and picture in any media or other account of this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(if under 18, parent's signature)