



Join us on Saturday, August 19 for the Hustle for the House 5K and 1 Mile Fun Run benefiting Ronald McDonald House Charities (RMHC) of Macon. The race will be at Southern Pines Recreation Complex in Dublin, GA. All participants are welcome to dress in red or yellow attire if they are not wearing their race shirt.

Race times: 8:00 a.m. for the 5K and 9:00 a.m. for the 1 Mile Fun Run. The Splash Pad will open at 9:00 a.m. It will be free of charge so bring the children's bathing suits.

Pre-registration for Hustle for the House registration is now through Thursday, August 10. Registering by this date, guarantees a shirt.

Registration will continue through the day of the race but a shirt will not be guaranteed. Shirts for those that register after August 10 will only be available on a first come, first served basis.

**Age Groups:**

5-7, 8-10, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

You may register at Clarks Health Club or mail your money and registration form to: **Clarks Health Club**

**106 Bowling Lane**

**Dublin, GA 31021**

**Contact CHC about other ways of registering: 478-272-8866**

**Name:** \_\_\_\_\_

**Gender:** Male/ Female      **DOB:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_      **State** \_\_\_\_\_      **Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Register each race participant individually.**

**Circle the appropriate race choice.**

**Checks made be payable to: Hustle for the House- CHC**

5K Race w/ **t-shirt**~ \$25      **OR**    1 Mile Fun Run w/**t-shirt**~ \$15

5K Race w/ **Dri-fit Shirt**~ \$28      1 Mile Fun Run w/ **dri-fit shirt**~ \$18

5K Race w/ **tank top**~ \$28      1 Mile Fun Run w/ **tank top**~ \$18

5K Race w/o shirt~ \$20      1 Mile Fun Run w/o shirt~ \$10

**Shirt size:** YS    YM    YL    AS    AM    AL    AXL

**\*\*Add \$2 for each additional size XXL, XXXL, etc.** \_\_\_\_\_

**HUSTLE FOR THE HOUSE-----WAIVER**

**In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release and any all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace and that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.**

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Signature

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Date