



WHISKEY STILL RUN

5k Run/Walk



**Adult 5k
Registration:**
(13 AND UP)

\$20 Before April 1st

\$25 April 1st-April
10th

\$30 Day of Race

Kids Fun Run:
(ALL AGES)

\$10 Day of Race

Saturday, April 14th

Sprewell Bluff Park, *Day Use Area*

Thomaston, GA 30286

706-601-6711

Registration Opens at 7:00am & Closes at 8:20am

Fun Run Starts @ 8:00am, 5k starts @8:30am

Challenging Trail Course

Race the paths less taken in the Whiskey Still Run, Sprewell Bluffs 1st ever trail running event. Pit against not just fellow racers, but also yourself when you run through some of the parks most beautiful trails and along the mighty Flint River. The 5K course is on trails, dirt paths, gravel, and pavement, and is a moderate to difficult challenge. These very challenging elements include running up hill, uneven terrain and on logging trails.

Finish the race and celebrate with snacks, refreshments, and an awards ceremony.

Water Stations will be at the 1 mile and 2 mile mark on the course.

**** Participants who preregister for 5k before April 1st will receive a T-Shirt while supplies last.**

T-Shirts may also be purchased while supplies last.

AWARDS

Male and Female 1st, 2nd, and 3rd by age group.

Each Fun Run participant will receive a medal after completing the course.

**FOR COMPLETE INFO OR TO
REGISTER ONLINE GO TO:**

[https://runsignup.com/Race/GA/
Thomaston/WhiskeyStillRun](https://runsignup.com/Race/GA/Thomaston/WhiskeyStillRun)

Name : _____ Age: _____ Male ___ Female ___

Address: _____ City: _____ State: _____ Zip: _____

How did you hear about this event? _____

5k ___ 1 mile Fun Run ___ T-Shirt Size S ___ M ___ L ___ XL ___ XXL ___

Email Address _____

Emergency Contact Information (Name and Number) _____

****MAKE ALL CHECKS PAYABLE TO SPREWELL BLUFF PARK****

(MAKE SURE YOU HAVE READ AND UNDERSTAND THE LIABILITY WAIVER AND SIGN THE ATTACHED. ALL PARTICIPANTS MUST SIGN OR HAVE LEGAL GUARDIAN SIGN IN ORDER TO PARTICIPATE.)