



2nd Annual Dick Frame Fun Run

5K/1 Mile Fun Run

Saturday, January 5th, 2019

First Presbyterian Day School

Macon, GA 31210

Send Check and Registration form to:

Frame Fun Run

4790 Oxford Road

Macon, GA 31210

Proceeds from this event will benefit the ALS Association Georgia Chapter to discover treatments and a cure for ALS, and to serve, advocate for, and empower people affected by ALS to live their lives to the fullest.

Join us for the 2nd Annual Dick Frame Fun Run on January 5th, 2019. Come spend the first Saturday morning of the New Year running or walking for this fun event. To learn more, visit our website at www.framefunrun.com to register online, volunteer, donate or even become a sponsor. Also, you will find more information on who Dick Frame is, and why we want to honor his amazing accomplishments. We'll have prizes and multiple giveaways throughout the event. Hope to see you on January 5th, 2019!

Race Day Schedule	
7:00 a.m.	– Registration and Packet Pick-Up Opens
8:15 a.m.	– 5K Race Line Up
8:30 a.m.	– 5K Race Begins
8:50 a.m.	– 1 Mile Race Line Up
9:00 a.m.	– 1 Mile Race Begins
9:45 a.m.	– Awards Ceremony at the Dick Frame Track

ENTRY FEES for 5K and 1 Mile: \$25 until December 15, \$35 thereafter

First Name: _____ Last Name: _____ Age: _____

Mobile Number: _____ Email Address: _____ Gender: _____

Home Address: _____ City: _____ State: _____ Zip: _____

Event (circle one): 5K Run 1 Mile Fun Run Phantom Runner

Shirt Size: Y- XS YS YM YL Y-XL AS AM AL A-XL A-XXL A-XXXL

Make Checks Payable to: Frame Fun Run

Registration Form and Check postmarked by December 15th, 2018 in order to guarantee a race shirt!

Please sign the waiver statement below for each participant, including children:

I, undersigned, in consideration of acceptance of the entry and registration as participant in the Dick Frame 5K and 1 Mile Fun Run, waive any and all claims which I and my heirs or assigns may now or hereafter have against the SSF Enterprises, Inc, First Presbyterian Day School, and all officials, volunteers and sponsors of the Dick Frame 5K and 1 Mile Fun Run, which may indirectly or directly result from my participation in the Dick Frame 5K and 1 Mile Fun Run. I further warrant and represent that I am in proper physical condition to participate in the Dick Frame 5K and 1 Mile Fun Run and am not participating in this event against physician's advice nor am I taking medications which would impair my health or ability to participate in the Dick Frame 5K and 1 Mile Fun Run. Further, I grant permission to all of the foregoing to use my name and/or photographs, video tapes, motion pictures, recordings or any other record or transcript of my participation in this event, including, but not limited to, advertisements of or publicity, or other media accounts pertaining to this event.

Participant's Signature: _____ Date: _____

** If under 18 years, participant's parent or guardian must sign

Questions? Contact Sadie Frame, Race Director, at framefunrun@gmail.com or 478-320-7994